



BURGERS MADE WITH FRESH VEGGIES

Filling, Colorful & Delicious



NO OIL



GLUTEN FREE



SOY FREE



NUT FREE



NO PRESERVATIVES



KOSHER



JUST VEGGIES, ACTUALLY

Better Taste & Better For You
Low Sodium & High Fiber



SHELF LIFE, FROZEN: 12 MONTHS | SHELF LIFE, REFRIGERATED: 14 DAYS

THE ACTUAL ORANGE BURGER

Sweet Potato
Carrot
Red Pepper
Cauliflower
Navy Bean
Oat
Onion
Lemon
Cassava Flour
Spice Blend



Nutrition Facts			
2 servings per container			
Serving size 1 Burger (113g)			
Calories	Per Serving	Per Container	
	190	380	
	% Daily Value*	% Daily Value*	
Total Fat	1g	2.5g	3%
Saturated Fat	0g	0g	0%
Trans Fat	0g	0g	0%
Cholesterol	0mg	0mg	0%
Sodium	320mg	640mg	28%
Total Carb.	39g	78g	29%
Dietary Fiber	9g	18g	32%
Total Sugars	4g	8g	
Incl. Added Sugars	0g	0g	0%
Protein	8g	16g	
Vitamin D	0mcg	0mcg	0%
Calcium	80mg	160mg	10%
Iron	2.1mg	4.2mg	25%
Potassium	460mg	920mg	20%
Vitamin A	2160mcg	4320mcg	480%
Vitamin C	25mg	50mg	60%

Spice blend: Ovata seed, Kosher salt, Turmeric, Garlic powder, Chili powder, Cumin

THE ACTUAL PURPLE BURGER

Beet
Carrot
Red Onion
Yellow Onion
Quinoa
Navy Bean
Oat
Lemon
Cassava Flour
Spice Blend



Nutrition Facts			
2 servings per container			
Serving size 1 Burger (113g)			
Calories	Per Serving	Per Container	
	180	360	
	% Daily Value*	% Daily Value*	
Total Fat	1g	2.5g	3%
Saturated Fat	0g	0g	0%
Trans Fat	0g	0g	0%
Cholesterol	0mg	0mg	0%
Sodium	320mg	640mg	28%
Total Carb.	39g	78g	29%
Dietary Fiber	9g	18g	32%
Total Sugars	4g	8g	
Incl. Added Sugars	0g	0g	0%
Protein	8g	16g	
Vitamin D	0mcg	0mcg	0%
Calcium	80mg	160mg	10%
Iron	2.1mg	4.2mg	25%
Potassium	410mg	820mg	20%
Vitamin A	800mcg	1600mcg	180%
Thiamin	0.2mg	0.4mg	35%
Vitamin B6	0.1mg	0.2mg	15%
Magnesium	55mg	110mg	25%

Spice blend: Ovata seed, Kosher salt, Garlic powder, Thyme leaf, Black pepper

THE ACTUAL GREEN BURGER

Kale
Broccoli
Spinach
Zucchini
Onion
Oat
Parsnip
Navy Bean
Cassava Flour
Pea
Quinoa
Hemp Seed
Lemon
Spice Blend



Nutrition Facts			
2 servings per container			
Serving size 1 Burger (113g)			
Calories	Per Serving	Per Container	
	170	330	
	% Daily Value*	% Daily Value*	
Total Fat	2.5g	5g	6%
Saturated Fat	0g	0g	0%
Trans Fat	0g	0g	0%
Cholesterol	0mg	0mg	0%
Sodium	320mg	640mg	28%
Total Carb.	31g	62g	23%
Dietary Fiber	8g	16g	54%
Total Sugars	2g	4g	
Incl. Added Sugars	0g	0g	0%
Protein	8g	16g	
Vitamin D	0mcg	0mcg	0%
Calcium	80mg	160mg	10%
Iron	2mg	4mg	20%
Potassium	320mg	640mg	15%
Vitamin A	640mcg	1280mcg	140%
Vitamin C	42mg	84mg	90%
Vitamin K	135mcg	270mcg	220%

Spice blend: Ovata seed, Kosher salt, Garlic powder, White pepper

THE ACTUAL BLACK BURGER

Black Bean
Carrot
Red Onion
Yellow Onion
Red Pepper
Parsnip
Oat
Cassava Flour
Lemon
Spice Blend

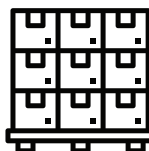


Nutrition Facts			
2 servings per container			
Serving size 1 Burger (113g)			
Calories	Per Serving	Per Container	
	190	390	
	% Daily Value*	% Daily Value*	
Total Fat	1.5g	2.5g	3%
Saturated Fat	0g	0g	0%
Trans Fat	0g	0g	0%
Cholesterol	0mg	0mg	0%
Sodium	320mg	640mg	28%
Total Carb.	39g	78g	29%
Dietary Fiber	10g	20g	68%
Total Sugars	3g	6g	
Incl. Added Sugars	0g	0g	0%
Protein	8g	16g	
Vitamin D	0mcg	0mcg	0%
Calcium	50mg	100mg	8%
Iron	2.1mg	4.2mg	25%
Potassium	400mg	800mg	15%
Vitamin A	950mcg	1900mcg	210%
Magnesium	70mg	140mg	30%

Spice blend: Ovata seed, Kosher salt, Garlic powder, Paprika, Chili powder, Cumin, Black pepper



Unit Dimensions:
L: 8.75" x W: 6.72" x H 1.4"
Two 1/4 LB Burgers / Unit
Unit Nt Wt: 8oz
12 Units / Case



Case Dimension:
L: 14.3" x W: 9.3" x H 9.6"
13 Cases / Layer
104 Cases / Pallet



Orange Case



Purple Case



Black Case



Green Case

Contact Hailey Swartz to Order at Hailey@ActualVeggies.com

ActualVeggies.com



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