

SPECIFICATION SHEET

KARANA™ GROUND

jackfruit meat

PRODUCT NAME

KARANA™ GROUND jackfruit meat

DESCRIPTION

KARANA GROUND jackfruit meat is made from young jackfruit and has a natural meat texture and is a great substitute for any ground meat dish.

The KARANA GROUND jackfruit meat can be shaped into patties, balls or various other shapes and is suitable for pan-frying, roasting, breading and baking. Cooks similarly to ground pork and it can be used in various culinary applications.

KARANA GROUND jackfruit meat is minimally processed using our proprietary production method and is a good source of fiber and has 35% fewer calories than raw ground pork.

PACK SIZE

2 x 5lbs per carton. Net weight 10lbs.

PALLET SIZE

Pallet dimension 14" x 48" x 51.75"

Case per Pallet 143. Net Weight 1430lbs.

Pallet Gross Weight 1551.5lbs

INGREDIENTS

KARANA Jackfruit (young jackfruit, water), water, pea protein, expeller pressed canola oil, methylcellulose, salt, yeast extract, vegetable juice (color), citric acid.

ALLERGEN STATEMENT

Produced in a facility that also handles tree nuts, fish, dairy, soy, eggs, wheat.

GMO STATEMENT

Product does not contain genetically modified ingredients.

HANDLING AND STORAGE

Keep Frozen at 0°F (-18°C) and below.

Defrost before cooking.

Cook before consumption.

SHELF LIFE

12 months from date of production.

5 days after defrosting.

SENSORY

Color: light pink

Smell: mild savory

Flavor: mild savory

KARANA GROUND jackfruit meat is made from minimally processed, natural ingredients.

Variations in the sensory attributes may occur.

Nutrition Facts

about 9 servings per container

Serving size 1/2 Cup (113g)

Amount Per Serving

Calories 170

% Daily Value*

Total Fat 12g	15%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 290mg	13%
Total Carbohydrate 9g	3%
Dietary Fiber 5g	18%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 8g	16%
Vitamin D 0mcg	0%
Calcium 52mg	4%
Iron 3mg	15%
Potassium 142mg	4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



KARANA™

NEED HELP?

INFO@EATKARANA.COM