

*Maryland-Style*  
**PLANT BASED**  
**CRAB CAKES**

**Tastes so much like the real thing, it will blow your mind!**



**NEW to SYSCO**  
**Item #7221549**

**11 G**  
**PROTEIN**  
per cake

Request access  
from your Sysco  
Sales Rep!

**SOY**  
**FREE**

**OIL FREE**

**1 G**  
**OF FAT**  
per cake



**Loved by 8x James Beard  
Award Recipient and Top  
Chef Tom Colicchio**





**Unit:** Pre-portioned, frozen 3 oz. cakes

**Preparation:** Cook from frozen or thawed in just minutes- fry(preferred), pan saute, bake or air fry.

**Case Pack:** 1 x 10 lb. bag (approx. 53 cakes)

**Pallet:** 77 cases; 11 Ti x 7 Hi

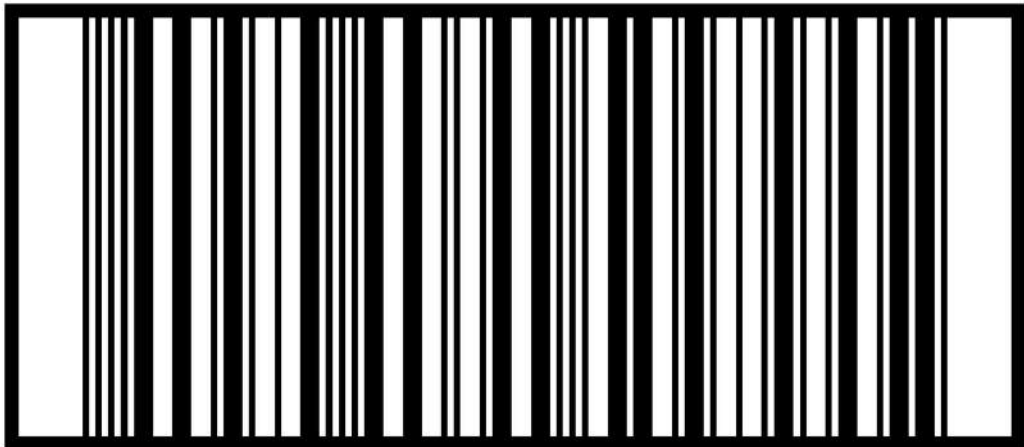
**Shelf Life:** 18 months frozen, 14 days from thaw

Nutrition Facts	
53 servings per container	
Serving size	3 oz cake (84g)
Amount Per Serving	
<b>Calories</b>	<b>110</b>
% Daily Value*	
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 600mg	26%
Total Carbohydrate 15g	5%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 11g	22%
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 1.08mg	6%
Potassium 141mg	4%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	



**INGREDIENTS:** HYDRATED WHEAT PROTEIN (WATER, WHEAT PROTEIN), NATURAL AND ARTIFICIAL VEGAN CRAB FLAVOR, WHEAT FLOUR, MODIFIED FOOD STARCH, CONTAINS 2% OR LESS OF THE FOLLOWING: MALTODEXTRIN, CELERY, PEA PROTEIN, ONIONS, SODIUM CITRATE, ONION POWDER, SALT, DEXTROSE, SPICE EXTRACTIVE, SPICES (INCLUDING MUSTARD AND PAPRIKA), GARLIC POWDER, YEAST, SUGAR, XANTHAN GUM.

**CONTAINS: WHEAT**



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**CENTER OF PLATE | SANDWICH | PROTEIN ADD FOR SALAD OR BOWL  
SLACK OUT TO MAKE BALLS, GREAT FOR STUFFED APPETIZERS**



SEA WHAT'S POSSIBLE™

A seafood experience for **EVERY** customer!