

PLANT-BASED OPTIONS YOU'LL BE PROUD TO SERVE

..... MADE BY



"41% of millennials enjoy trying new plant-based foods and beverages at restaurants."

*2020 Generational Consumer Trend Report, Technomic

Little-to-no prep, quick-cooking meat alternatives.

Whether you're looking for something pre-seasoned for ultimate convenience, or a clean canvas for your own recipes, Upton's Naturals has premium options your customers will love.



Contact your DOT Foods rep today, or email sales@uptonsnaturals.com for more information. Visit the recipe section of our website for serving suggestions and menu inspiration.

uptonsnaturals.com

JACKFRUIT and BANANA BLOSSOM

Native to Southeast Asia, Jackfruit is the largest tree-borne fruit in the world and is capable of reaching up to 100 pounds! The fibrous interior of young, unripe Jackfruit makes it an ideal substitute for shredded pork and poultry.

Banana Blossom is a large, purple-skinned flower that grows at the end of a bunch of bananas. Its tightly packed petals are neutral in flavor but mimic the flaky texture of fish, making it an ideal whole-food substitute.



Original Jackfruit

Our most versatile Jackfruit, this variety comes unseasoned so you can add your own sauce or seasoning.

- 5 x 2.2 pounds
- Case: 10851070006129
- DOT 730465



Banana Blossom

Neatly quartered and packed in brine, this product is unseasoned so you can flavor it however you like. We suggest battering and frying it!

- 5 x 2.2 pounds
- Case: 10850010430215
- DOT 735505



SEITAN and UPDOG

Pronounced "say-tan," Seitan is a traditional Japanese food made by rinsing the starch away from wheat and retaining the protein. With an impressively meat-like texture and robust flavor, Seitan is both high in protein and low in fat, without the cholesterol associated with meat.

Traditional Seitan

Chunks

This highly versatile variety of Seitan comes in minimally seasoned, larger chunks that you can sauce and slice as you please.

- 4 x 5 pounds
- Case: 00851070006207
- DOT 730753

Seitan Strips

Ideal for sandwiches, stir-fries and fajitas.

- 2 x 5 pounds
- Case: 10851070006549
- DOT 730471

Italian Seitan Crumble

Use this pre-seasoned, pre-cooked plant protein in any dish where you might add ground sausage.

- 4 x 5 pounds
- Case: 10851070006266
- DOT 730762

Chorizo Seitan Crumble

This mildly spiced Seitan makes a quick addition to tacos, bowls, burritos and more.

- 4 x 5 pounds
- Case: 10851070006211
- DOT 730761

Ground Seitan

This finely ground Seitan is similar to ground beef. Lightly seasoned so you can dress it up.

- 4 x 5 pounds
- Case: 10850010430239
- DOT 730758

Gyros

Made with lemon juice, marjoram, rosemary and other traditional gyro seasonings.

- 4 x 5 pounds
- Case: 10850010430222
- DOT 730756

Bacon Seitan

This smoky, sliced Seitan makes a great BLT, salad or pizza topping, and of course, the perfect plant-based side of bacon.

- 2 x 5 pounds
- Case: 00851070006245
- DOT 730449

Updog

Inspired by Chicago's own kosher beef hot dog, this meatless option has a smoky, savory flavor and signature snap. Cook it on the grill or stovetop, or keep it warm on a hot dog roller.

- 2 x 25 links (7.8 pounds)
- Case: 10850010430246
- DOT 735506

